

Free football workshops

Want to try out your football skills?

Mind in Taunton and West Somerset are supporting a series of football workshops for anyone experiencing mental ill-health. The workshops are open to all, with coaching provided by Somerset Activity and Sports Partnership. All ages and abilities are welcome, so why not come along and have some fun?

Taster session: Wednesday 15th
October, 12pm - 1pm at
Taunton Vale Sports Club

For more information or to
sign up for a workshop
contact Stuart Hooper on
01823 334906



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